

Final Exit Network

Autonomy. Informed Choices. Dignity at the End of Life.

Our Mission

To educate and support those who want choice in dying.

Our Vision

That any competent person unbearably suffering an intractable medical condition has the option to die legally and peacefully.

Our Programs

Education on End of Life Options

Support for Individuals

Exit Guide Program

Education on End of Life Options: Final Exit Network offers a wide range of educational resources for individuals, groups, and health and care professionals. These include publications, forums, and workshops on choice in dying that cover the importance of documentation, communicating with medical providers and loved ones, and safe, comfortable options for choosing death to alleviate suffering. All education is grounded in promoting peace, dignity, and personal autonomy at the end of life.



Support for Individuals: FEN's staff and volunteers provide personalized, nonjudgmental support to individuals seeking information about end-of-life choices. We help answer questions, explain general legal boundaries surrounding a chosen death, and educate focused on these major options:

- Medical Aid in Dying (MAID) (with connection to state-specific resources)
- Voluntary Stopping Eating and Drinking (VSED)
- Assisted Dying in Switzerland
- FEN's Exit Guide Program



Exit Guide Program: For individuals who meet our medical criteria, FEN offers the Exit Guide Program free of charge across the US. Trained exit guides support the client in planning a responsible self-deliverance, and provide in-home education and a compassionate presence at the end of life. Applicants for exit guide services must be competent adults and physically able to perform the necessary actions themselves. ***FEN does not provide physical assistance or the means for self-deliverance.***



Scan this QR code for a short video about FEN.



Learn More + Contact Us

Final Exit Network

Mailing Address:

8362 Tamarack Vlg., Suite 119-290 | St. Paul, MN 55125

☎ 866-654-9156 | 🌐 www.finalexitnetwork.org

✉ info@finalexitnetwork.org

Scan for a short video about a FEN client's journey through navigating a dementia diagnosis.

